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State Inst - St Pete

# SIXTH ANNUAL REPORT

OF THE

BOARD OF TRUSTEES AND OFFICERS

OF THE

MINNESOTA HOSPITAL FOR INSANE,

TO THE GOVERNOR OF THE STATE OF MINNESOTA,

FOR THE

FISCAL YEAR ENDING NOVEMBER 30, 1872.

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TRANSMITTED TO THE LEGISLATURE OF THE FIFTEENTH ANNUAL  
SESSION, 1873.

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SAINT PAUL:  
PRESS PRINTING COMPANY.  
1873.

# MINNESOTA HOSPITAL FOR INSANE.

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## BOARD OF TRUSTEES.

HON. C. T. BROWN, St. Paul, President.  
HON. REUBEN BUTTERS, Kasota.  
HON. H. B. STRAIT, Shakopee.  
HON. WILLIAM SCHIMMEL, St. Peter.  
REV. A. H. KERR, St. Peter, Secretary and Treasurer.  
HON. L. FLETCHER, Minneapolis.  
WILLIAM L. LINCOLN, M. D., Wabasha.

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## RESIDENT OFFICERS.

CYRUS K. BARTLETT, M. D.,  
Superintendent and Physician.  
JACOB E. BOWERS, M. D.,  
Assistant Physician.  
GEORGE W. DRYER,  
Steward.

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## SUBORDINATE OFFICERS.

FRANK DUNN,  
Supervisor Male Department.  
MRS. H. C. PORTER,  
Supervisor Female Department.  
WILLIAM H. PEARCE,  
Engineer.  
WILLIAM McFADDEN,  
Farmer.

# HISTORY OF THE HOSPITAL AND LIST OF OFFICERS.

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The Legislature, at its session of 1866, by act incorporated the "Minnesota Hospital for Insane," and appointed the Governor, Auditor and Judges of the Supreme Court of the State, and authorized the association of Dr. R. Patterson, of Iowa, Superintendent of the Iowa Hospital for Insane, with them, as commissioners to locate the institution.

## COMMISSIONERS APPOINTED BY THE ACT.

Governor, William R. Marshall, of St. Paul.  
Hon. Charles McIlrath, Auditor, of St. Paul.  
Hon. Thomas Wilson, Judge S. C., of Winona.  
Hon. S. J. R. McMillan, Judge S. C., of Stillwater.  
Hon. J. M. Berry, Judge S. C., of Faribault.  
Dr. R. Patterson, (by invitation,) of Iowa.

In the summer of 1866 this commission selected a tract of land containing two hundred and ten acres, one mile south of St. Peter, for the location of the hospital, and filed their decision.

## TRUSTEES APPOINTED UNDER THE ACT OF INCORPORATION.

S. D. Flagg, M. D., of St. Paul, and Hon. Orrin Densmore, of Red Wing, two years; Hon. H. A. Swift, of St. Peter, and Solomon Blood, M. D., of Owatonna, four years;

J. S. Thorn, Esq., of Hastings, Hon. J. V. Daniels, of Rochester, and Luke Miller, M. D., of Chatfield, six years.

Hon. H. A. Swift not accepting the office of trustee, Rev. A. H. Kerr, of St. Peter, was appointed before the organization of the board in April, 1866.

#### TRUSTEES APPOINTED BY THE GOVERNOR.

1867 Hon. C. T. Brown, of St. Peter, vice J. V. Daniels, resigned.

" Hon. R. Butters, of Kasota, vice S. D. Flagg, resigned.

" Maj. H. B. Strait, of Shakopee, vice J. S. Thorn, resigned

" Hon. William Schimmel, of St. Peter, vice O. Densmore, resigned.

1868 Hon. R. Butters, reappointed.

" Hon. William Schimmel, reappointed.

1870 Rev. A. H. Kerr, reappointed.

" Hon. L. Fletcher, of Minneapolis, vice S. Blood, term expired.

1872 Hon. C. T. Brown, reappointed.

" Maj. H. B. Strait, reappointed.

" William L. Lincoln, M. D., of Wabasha, vice L. Miller, term expired.

On the second day of October, 1866, Dr. Samuel E. Shantz, of Utica, N. Y., was elected Medical Superintendent, and entered on his duties the first of November following. The hospital was opened for patients, and the first case admitted December 12th.

Dr. Shantz continued in charge until his sickness and death, August 22d, 1868, and Dr. Jacob E. Bowers, the assistant physician, acted as Superintendent until the following November when Dr. Cyrus K. Bartlett, of Northampton, Massachusetts, was appointed and entered on his duties December 19th, 1868, and is still in office. K.

ST. PETER, December 1st, 1872.

## TRUSTEES' REPORT.

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To His Excellency, *Horace Austin,*  
Governor of *Minnesota:*

We, as trustees of the Minnesota Hospital for Insane, hereby respectfully submit our report, for the year ending Nov. 30th, 1872.

At the opening of the year, there were present under medical treatment, 244 patients. We felt that 250 were all that should be lodged in the buildings, and to accommodate this number would require some twenty beds to be made up on the floors of the day halls, thus entailing greater supervision and additional labor. The necessities of the case seemed to require this. We, however, instructed our Superintendent to receive no more than this number until our accommodations were enlarged. As vacancies occurred by discharges, death, or exchanges, only could new patients be admitted. This seemed a hardship, as many applications from various parts of the State were denied when the suffering ones should promptly have had a place in this institution. Some counties have complained that their insane were denied admission, but we had no option in the matter. The hospital was full.

For particulars in the administration of the institution, number of patients received and discharged, deaths, non-recoveries, etc., we refer you to the accompanying report of the medical superintendent. Our conviction, from repeated personal examinations, is that the hospital in its various departments, has been well and economically conducted; and that, considering the character of our temporary build-

ings in the town of St. Peter, and the unfinished condition of the main hospital, much credit is due the officers and employees for their efficient management.

We confess that a portion of the temporary buildings scarcely deserve the name of hospital. We have plead for their abandonment, and again earnestly do so. Dr. Hewitt's report as to their inappropriateness has been published, and we wish our public men, indeed, that all the citizens of our State, would carefully and thoughtfully read this report. As the secretary of the State Board of Health, after examination, he decidedly recommends their abandonment as soon as possible, not being at all suitable as curative receptacles for insane. This brings up for consideration our pressing wants.

During the preceding year we erected under contract to the lowest bidders the south section and return of the main hospital, designed for the female department. We asked for the means to finish and furnish these and also to erect the center building. The finances of the State did not warrant an appropriation. \$50,000 however were granted conditionally on the ratification of the amendment designed to aid in building our charitable institutions. At our spring meeting looking at the demand upon us to take charge of a much larger number of patients than could be received in the present building; also that one entire year would elapse if nothing was done during the summer, before we could proceed with the work, and believing the amendment would be ratified, we instructed the building committee to put under contract the plastering, carpenter work, steam fixtures, plumbing, painting, &c., and authorized the treasurer to borrow and pay fifty per cent. on contracts, the contractors to wait for the balance until the appropriation was available. This conditional appropriation was the basis of our action. As a result the south section and return are nearly ready for patients.

This year should witness the erection of the central building. Indeed this has become an essential requisite. We present no special pleading. All can see its necessity and

that the hospital cannot be properly conducted without it. The central building *must* go up as the next requirement in our building operations.

With the annual increase of insanity in our State we must lay our plans accordingly. The hospital is projected so that when all the sections are completed about 500 patients can be accommodated. A larger number under one roof is not desirable. We therefore most earnestly request our Legislature to set apart so much of the fund secured by the passage of the amendment above referred to as shall be necessary to erect and finish another section and return, besides what is necessary for the central building. Before they can be ready for patients we are confident a number greater than will fill them, will be asking for admission. Indeed if they were to-day completed they would but little more than furnish accommodations for those in the temporary buildings and those waiting in the different counties to be admitted.

Believing that our State demands of us as the appointed guardians of this large class of unfortunates a prompt and watchful solicitude for their safety, their comfort and their proper medical treatment, we earnestly plead for the means that shall secure for the State a hospital commensurate with the wants of the insane and creditable to the philanthropy of our people. We commend this institution with all its pressing wants to the thoughtful attention of our incoming Legislature, asking for a full and candid examination of our necessities and our plans.

Accompanying, you will find the Treasurer's report, and also that of the Steward, showing the various expenditures, &c., of the institution.

As per estimates in the Superintendent's report on the basis of accommodating 275 patients, we ask \$71,500 for current expenses for the year 1873.

We are reminded by the recent nearly total destruction by fire of the Northern Ohio Lunatic Asylum at Newburgh, and hospitals, though built of stone and carefully watched, can burn, and the question of insurance of this State property, which was discussed last year by the Board and



postponed for want of funds, is again before us. The question of insurance we leave with the Legislature, and recommend that a specific sum be appropriated for this purpose, or the amount to be insured, either for one year or a term of years, fixed by special enactment.

The following was passed at the annual meeting :

*Resolved*, That in the recent death of Miss Catharine McAuslin, for nearly two years the supervisor of the female department, the Hospital has lost one who was very efficient and faithful in the discharge of her duties. Amiable, cheerful and prompt, she secured the esteem of officers and patients. We would bear testimony to her worth, and hereby tender our sympathies to the friends in the hour of their affliction.

All of which is respectfully submitted.

C. T. BROWN,  
A. H. KERR,  
R. BUTTERS,  
WM. SCHIMMEL,  
H. B. STRAIT,  
L. FLETCHER,  
WM. LINCOLN.

## REPORT OF BUILDING COMMITTEE.

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*To the Board of Trustees:*

GENTLEMEN: Following your instructions, given at a meeting of the board in April last, we proceeded to finish the south wing and return section, the walls of which were already built, and prepare it for occupancy. Having invited proposals for plastering, carpenter work, heating apparatus, plumbing and water distribution pipes, Mr. William Clark, of St. Peter, was awarded the contract for plastering at forty-two cents per square yard, finding all materials. Messrs. Snyder & Damren, of St. Peter, received the contract for carpenter work, for all finishing and painting, and completing the portico in front, for the sum of \$9,364.95, finding all materials, except the iron sash and guards; these were furnished by the St. Peter Manufacturing Company at the same price as those previously bought in Philadelphia, thus saving freight and the risk of damage by transportation.

The firm of Hoffman, Billings & Co., of Milwaukee, Wis., obtained the contract for the heating apparatus, plumbing, and water distribution pipes, for the sum of \$7,463. These contracts were made with the several parties with a full knowledge by all, of the financial position of your board; and the several workmen have faithfully performed their part and the wing is nearly completed. Thus, by your prompt and decided action in going forward with this work, a year will be gained in the use of this portion of the building, and in the relief of the female department. The work

is now ready for your inspection, and we invite you to a careful examination, confident that you will find it equal in all, and in some respects superior, to that of the north wing, already finished and occupied.

A new boiler, of the Root pattern, of fifty horse power, has been placed in position by the side of the other two of the same kind. We believe that these three will be sufficient to heat all the buildings now erected, in the coldest weather.

The drain has been connected with the main sewer, and the ventilating air duct with chimneys.

Feeling that the centre building is now absolutely necessary for the proper administration of the affairs of the house, we recommend that the board make an urgent appeal to the Legislature for funds to finish the same, according to plans and specifications of architect.

Respectfully submitted,

C. K. BARTLETT,

A. H. KERR,

R. BUTTERS,

WM. SCHIMMEL,

L. FLETCHER.

Building Committee.

## TREASURER'S REPORT.

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*Trustees Minnesota Hospital for Insane:*

GENTLEMEN:—Herewith you will find a statement of receipts and expenditures for the fiscal year ending November 30th, 1872.

No appropriation having been made this year for building purposes except the conditional one. I have borrowed and paid as per instructions of the board, about fifty per cent. of contracts and bills amounting to \$17,360.55.

### CURRENT ACCOUNT.

#### *Receipts.*

Cash Dec. 1, 1871, balance -	\$6,016 33
Cash State Treasury, appropriation 1872, - -	65,000 00
Cash State Treasury, furnishing,	5,000 00
Cash G. W. Dryer, Steward, viz.:	
Private patients, - -	\$965 61
Care of child of patient,	25 00
Clothing sold, - -	78 63
Pigs, hides, tallow, &c.,	
sold, - -	119 55
Farm produce, etc., sold,	135 00
Steam fitting supplies sold,	48 13
Wagon sold, - -	60 00
Rags, old iron, barrels, &c.	
sold, - -	46 68

Cash refunded (unearned premiums Lorrillard Insurance Company,) -	33 06	
Cash freights on building account, - - -	174 12	
Cash overcharge on freight,	8 00	
Cash overcharge on Downs account, - - -	87	
	<hr/>	1,694 65
		<hr/>
		\$77,710 98

*Expenditures.*

Current monthly expenses paid on certified vouchers, - - - -	\$50,299 2
Paid on construction account, - - - -	17,360 5
Cash to balance, - - - -	10,051 2
	<hr/>
	\$77,710 98

Bills due on furnishing account, etc., early in December will absorb most of the balance.

In the Steward's report will be found a detailed statement of expenditures for which vouchers were returned duly certified by the Superintendent.

All of which is respectfully submitted.

A. H. KERR,  
Treasurer.

St. Peter, Nov. 30, 1872.

## STEWARD'S REPORT.

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*To the Trustees of the Minnesota Hospital for Insane:*

GENTLEMEN:—Herewith is respectfully submitted a report of Steward's department for the year ending November 30, 1872.

### EXPENDITURES.

For additions, alterations and repairs,	-	\$1,754 30
For attendants, assistants and labor,	-	8,224 81
For boiler for pumping engine,	- -	1,518 81
For books, stationery and printing,	-	217 32
For clothing,	- - -	2,549 79
For farm, barn, garden and grounds,	-	3,484 73
For fuel and heating,	- - -	6,555 70
For furniture,	- - -	2,054 11
For furnishing permanent building,	-	1,625 98
For insurance, (temporary building and furniture,) - - -	-	369 25
For library and amusements,	- -	122 88
For lights and oil lamps,	- -	218 65
For medicine and medical supplies,	-	554 67
For miscellaneous expenses,	- -	620 35
For officers' salaries,	- - -	3,700 00
For patients' miscellaneous expenses	-	366 85
For provisions and household supplies,	-	15,214 38
For rent,	- - -	542 00
For Stewart's petty expenses,	- -	604 66
		<hr/>
		\$50,299 24

NOTE.—“ Attendants, assistants and labor includes the salaries of engineer, firemen, supervisors, watchmen, cooks and attendants or nurses.

“ Boiler for pumping engine,” is twenty-two horse power, Root's patent safety boiler.

“ Fuel and heating” includes two new furnaces for temporary building, steam fitting supplies and repairs to heating apparatus in permanent building.

“ Patients' miscellaneous expenses” includes undertaker's charges, cash to discharged patients, &c.

“ Rent” is for use of stone dwelling house for patients and land.

“ Stewart's petty expenses” includes freight and express charges, postage and incidentals.

The item “ farm, barn, garden and grounds” is sub-divided as follows :

For cutter, harness, blankets, robes, &c., and repairs.....	\$ 223 80
For farm implements and repairs to same.....	300 07
For fence material.....	133 54
For hay, oats, feed, &c.....	301 15
For labor.....	1,681 08
For stock.....	484 00
For seeds.....	135 49
For shoeing horses and oxen.....	99 20
For threshing oats.....	33 00
For Paris Green.....	10 00
For blasting boulders.....	10 00
For trees (fruit and ornamental).....	43 40
For landscape drawing.....	30 00

\$3,484 73

#### THE FARM STOCK CONSISTS OF

1 team draught horses,  
 3 single horses,  
 1 thoroughbred Durham bull,  
 1 yearling graded Durham bull,  
 2 yoke of working oxen,  
 13 cows,  
 6 yearling heifers,  
 2 calves,  
 21 fat hogs,  
 34 pigs,  
 Poultry.

The yield of farm produce from the 160 acres (about)

under cultivation is exhibited in the following list. The values affixed are estimated at average market prices, or what they would have cost had it been necessary to buy them.

Beans (green) 41 bushels,	-	-	-	\$ 41 00
Beans (dry), 16 bushels,	-	-	-	40 00
Beans (Lima), 8 bushels,	-	-	-	24 00
Beets, 750 bushels,	-	-	-	375 00
Cabbage, 2,272 heads,	-	-	-	136 32
Carrots, 450 bushels,	-	-	-	180 00
Cauliflower, 260 heads,	-	-	-	39 00
Celery, 310 heads,	-	-	-	46 50
Corn (shelled), 1,500 bushels,	-	-	-	450 00
Corn stalks, 35 tons,	-	-	-	87 50
Hay, 100 tons,	-	-	-	500 00
Lettuce, 30 bushels,	-	-	-	15 00
Melons (musk and water), 870,	-	-	-	87 00
Milk, 34,052 quarts,	-	-	-	1,702 60
Oats, 1,375 bushels,	-	-	-	412 50
Oat straw, 24 tons,	-	-	-	96 00
Onions, 70 bushels,	-	-	-	52 50
Parsnips, 180 bushels,	-	-	-	135 00
Parsley, 200, bunches,	-	-	-	10 00
Peas (green), 40 bushels,	-	-	-	40 00
Peas (dry), 24 bushels,	-	-	-	48 00
Pieplant, 520 bunches,	-	-	-	52 00
Potatoes (Irish), 2,100 bushels,	-	-	-	630 00
Potatoes, (sweet), 50 bushels,	-	-	-	50 00
Pumpkins, 4,000,	-	-	-	200 00
Radishes, 500 bunches,	-	-	-	50 00
Spinach, 95 bushels,	-	-	-	47 50
Butsify, 25 bushels,	-	-	-	25 00
Squash (summer), 1,000,	-	-	-	50 00
Squash (Hubbard), 425,	-	-	-	53 12
Tomatoes, 150 bushels,	-	-	-	112 50
Turnips, 670 bushels,	-	-	-	167 50

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\$5,955 54



Add value of beef slaughtered for use of house,	
7,050 lbs., - - - -	\$564 00
Add value of pork slaughtered for use of house,	
17,245 lbs., - - - -	776 02
Add value of farm stock, hides, &c., sold, -	119 55
Add value of improvements made during year, .	981 00
	<hr/>
	\$8,396 11

In addition to the regular farm work, the patients and farm laborers, under the supervision of the farmer, have performed 964 days' labor, and the farm teams 280 days labor on the main avenue and other roads, grading around building and barn, excavating for sewer, cutting wood, building fences, hauling building material, &c., in addition to cutting and storing 75 tons of ice, drayage of supplies, hauling wood to engine house, &c., &c.

The following is a carefully compiled inventory of Hospital property of all descriptions on hand this date, (Nov. 30, 1872) :

Permanent Hospital building, (two sections and return wings and basement of centro building) laundry, engine house, water supply, drainage, heating apparatus, supply pipes for gas, steam wash machines, steam table and cauldrons for cooking vegetables, bath tubs, car and railway track, -	\$239,000 00
Temporary Hospital buildings, consisting of one three-story stone building, 60 x 32 feet, with two-story frame L 60 x 25 feet, one two-story frame building 96 x 34 feet and heating apparatus for same, one one story frame office building 20 x 30 feet, one frame barn 25 x 35 feet, six building lots, and fencing around entire block, - -	13,350 00
One three-story frame barn 44 x 72 feet, and granary 14 x 90 feet, on farm, - -	5,000 00

# HOSPITAL FOR INSANE.

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Farm, 341 acres, - - -	12,000 00
Farm stock and implements, (including bug- gies, cutters, harness, robes, blankets, &c.,)	5.00675
Brick yard and building material, - -	1,000 00
Household furniture of all kinds, - - -	15,931 83
Clothing and material for clothing in store,	871 50
Provisions and supplies, consisting of groceries, butter, vegetables, lumber, wood, hay, oats, &c., and steam-fitting supplies, - - -	5,914 40
Medicines and medical supplies, surgical in- struments, &c., - - -	500 00
Library and Cabinet, consisting of medical and miscellaneous books, engravings, chromos, stereoscopes, stereoscopic views, magic lan- tern and views, stuffed birds, games, cabi- net organ and other musical instruments, &c., - - - - -	1,100 00
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	\$299,674 48

All of which is respectfully submitted.

GEORGE W. DRYER,

Steward.

December 1, 1872.

## SUPERINTENDENT'S REPORT.

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### *To the Board of Trustees :*

GENTLEMEN : The sixth annual report of the operations of this hospital, for the year eighteen hundred and seventy-two, is hereby respectfully submitted :

\* The following is a general summary of the statistics of the patients :

	Men.	Women.	Total.
Whole number in house, Dec. 1, 1871,	129	115	244
State boarders, - - -			241
Private boarders, - - -			3
Admitted during the year, - -	67	51	118
Whole number under treatment, -	196	166	362
Number discharged, (including deaths)	67	48	115
Remaining in hospital, Nov. 30, 1872,	129	118	247
State boarders, - - -			244
Private boarders, - - -			3
Highest monthly average, - -			246 <sup>30</sup>
Daily average, - - -			243 <sup>104</sup>

### CONDITION OF THOSE DISCHARGED.

Recovered, - - - -	32	17	49
Improved, - - - -	19	18	37
Unimproved, - - - -	7	3	10
Died, - - - -	9	10	19

\* For tables of statistics, see Appendix.

## CAUSES OF DEATHS.

	Men.	Women.	Total.
Marasmus, - - - -	2	2	4
Phthisis, - - - -		2	2
Paralysis, - - - -	2	1	3
Epilepsy, - - - -		2	2
Maniacal Exhaustion, - - -	2		2
Cyphomania, - - - -	2		2
Old age, - - - -		2	2
Anasarca, - - - -	1		1
Bright's Disease, - - - -		1	1

The number of those *recovered* and *improved* has been equal to the general average of previous years, and the number of deaths less than usual. Very little acute sickness has been experienced. No case of Typhoid fever has been developed at the permanent hospital, and only two cases among the patients at the temporary buildings; both of which recovered. With one sad exception, the officers and employees have escaped serious illness. Our worthy and much respected supervisor of the female department, Miss Catharine McAuslin, who had been with us nearly two years, was taken sick with Typhoid fever in October, after the convalescence of the patients mentioned above, and of delicate physical organization, died on the fifteenth day of the attack. Quiet in manner, of amiable disposition, and faithful and efficient in the arduous duties of the position she occupied, her death is a great loss to the institution and the patients under her charge.

In accordance with your instructions at the beginning of the year, the number of patients has been confined, on the average, within the limit of two hundred and fifty. The highest number at any time was two hundred and fifty, and the lowest two hundred and thirty-five. This general average has been secured by discharges of those recovered and improved, by exchanging in some instances chronic and hopeless cases with county authorities for those violent and dangerous to be at large, by deaths, and by a selection from

applicants of the most recent and suitable patients for hospital treatment. Our aim and efforts have been to accommodate, as far as possible, the most urgent cases without partiality to the different sections of the State and parties interested. As the crowded condition of the house was made known to the county authorities, and to the public by the action of your Board, the Probate Judges and other county officers have generally considered the embarrassment of the situation, and relieved us when possible; but a few have extended neither sympathy nor aid, and have sent patients as soon as papers were completed, without even the courtesy of previous notice.

The result of exchanges, and the discharge of chronic cases, has been a decrease in the number of the quiet, demented class, to some extent, and a corresponding increase of the more violent, destructive and troublesome subjects. While it is clearly the duty of the State to make ample provisions, and that without delay, for *all* needing restraint and the care the hospital can give, until such accommodations are furnished, no other course, in justice to the institution and those committed, can be reasonably pursued.

While for reasons above mentioned, the hospital has not increased the number of its inmates during the past year, except by three, it has, nevertheless, received and cared for a large number, one hundred and eighteen cases being admitted, to the great relief of families and the community at large. Some of these have been fully restored to usefulness and society, while others have been improved and all have been made comfortable as circumstances would permit. *But* the *benefits* of a hospital cannot be expressed by the number of its *recovered*; something, in fact a large share, must be accorded to that feeling of comfort and security given to friends by the thought that their unfortunate relatives are safe and favorably situated for cure and custody. Until civilization changes in its effect on the mental and physical constitution of man from what it has done in the past, or education is so conducted as to increase, rather than impair the brain power of each individual, insanity will be frequent

and probably increase, and hospitals and asylums must be built and sustained. To make *adequate provision* for all this unfortunate class according to the most enlightened principles of care and treatment at the present day, would be the glory of any commonwealth; and yet this would not be a grievous burden to the people of even this young and comparatively poor State. A contribution of one dollar from each individual, and a yearly tax of one mill on the dollar of the valuation, would build a house large enough and provide amply for the wants of every insane person needing protection within the State limits. Small as these amounts seem, no State in the Union has taxed itself to that extent in behalf of this christian charity.

At the annual meeting of the "Association of Medical Superintendents of American Hospitals for Insane," held at Madison, Wis., in May last, the following resolution touching the point of our crowding these institutions, were unanimously passed:

*Resolved*, That this association regards the custom of admitting a greater number of patients than the buildings can properly accommodate, which is now becoming so common in Hospitals for the Insane in nearly every section of the country, as an evil of great magnitude, productive of extraordinary dangers, subversive of the good order, perfect discipline and greatest usefulness of these institutions, and of the best interests of the insane.

*Resolved*, That this Association, having repeatedly affirmed its well-matured convictions of the humanity, expediency and economy of every State making ample provisions for its insane, regards it as an important means of effecting this object that these institutions should be kept in the highest state of efficiency, and the difference in condition of patients treated in them, and those kept in almshouses, jails or even private houses, be thus most clearly demonstrated.

*Resolved*, That while fully recognizing the great suffering and serious loss that must result to individuals by their exclusion from hospitals when laboring under an attack of insanity this Association fully believes that the greatest good will result to the largest number, and at the earliest day, by the adoption of the course now indicated.

*Resolved*, That the boards of management of the differen

hospitals on this continent be urged, most earnestly, to adopt such measures as will effectually prevent more patients being admitted into their respective institutions, than, in the opinions of their superintendents, can be treated with the greatest efficiency, and without impairing the welfare of their fellow sufferers.

*Resolved*, That the Secretary be instructed to furnish a copy of these resolutions to the boards of management of the different hospitals for the insane in the United States and the British Provinces.

These resolutions present the cause of complaint on account of this great evil in clear and forcible language, and they are the well-matured thoughts of one of the most experienced members of that association.

As facts abundantly prove the necessity for the erection of *this hospital*, and that the work was not prematurely begun, nor urged forward with too much zeal for the wants of the community, the question now is, how to make it serve the best interests of the State and the subjects of its care, and to adopt such plans as will *ultimately* and *timely* afford the required relief. These aims and objects are worthy of patient consideration by all interested in philanthropic labors in behalf of suffering humanity. Applying, then, our judgment to this institution, we see that its wants are many, to prepare it for that efficiency both necessary and proper to be attained. The centre building, in which are located the administrative offices and the chapel for devotional and other exercises, calculated to interest and improve the inmates of the household, should be finished as soon as possible; and an extension of the two wings, already contemplated, should be commenced, that they, too, may be ready in time for future and prospective use, and to make room for that classification of patients so necessary for the highest welfare of those committed to its care. With the completion and furnishing of these accommodations, some attention and expense should be given to the external surroundings of the institution. The position is favorable for great improvement, and may be made pleasant to the eye.

where now it presents little that is attractive or ornamental.\* Thus far, no appropriation has been asked for this purpose; something has been done by the farm hands and teams in the short and irregular intervals of other and more necessary work, and the general outline of roadways and grading partially completed. Much still remains to be done to give a cheerful aspect to the scenery about the hospital and its grounds. It is also desirable that some means of lighting the institution should be provided other than by candles and the more dangerous fluid oils. These most apparent and important wants of the hospital are recommended to your special consideration:

A brief review of what has been done for this institution, and of the result of its work since the opening six years ago, may not be without interest for the encouragement it affords those who have labored in its behalf.

When the commissioners had located the hospital at St. Peter, a beginning was made by the Board of Trustees by the purchase and fitting up of the old Ewing Hotel, in the village, as temporary quarters for patients of both sexes. It was prepared and opened for admission in November, 1866, and soon filled to its utmost capacity; and so great was the demand for admission, within the first year, that a part of the appropriation of forty thousand dollars, made for the erection of a portion of the permanent building, the plan of which had been adopted, was used to build and furnish a two-story frame house for their immediate accommodation. With the balance of the appropriation the walls of the first section and return of the north wing were built and enclosed. At the end of the second year, 1868, there were one hundred and eight patients under treatment. The following winter an appropriation of sixty thousand dollars was granted for building purposes, and the new wing was finished and prepared for occupancy by the completion of the laundry, engine and boiler house, and also the basement story of the main building in which is located the culinary department.

Mr. Ole Pherson, of Faribault, landscape gardener, has furnished the hospital with a plan for ornamenting the grounds.



The expense of providing for this extra work and completing the heating apparatus and water works, exceeding the amount appropriated, script of indebtedness was issued to the amount of twenty-six thousand one hundred and sixty-nine dollars, and afterwards redeemed. By the completion of this part of the permanent building, one hundred male patients were accommodated, much to the relief of the greatly over crowded temporary quarters, and the friends of those waiting for admission.

The following year, 1870, no appropriation for building purposes was made; but the steady increase of patients went on as usual. The next Legislature, during the winter of 1871, granted the sum of forty thousand dollars, and with this amount the walls of the first section and return of the south wing, similar to that already built and occupied, were erected and enclosed; and the Legislature at its last session having made a conditional appropriation of fifty thousand dollars, contracts were made for finishing the same, and it is now nearly completed. By the time this is ready for occupancy, room for three hundred patients will be required, two hundred of which can be suitably accommodated in the two wings of the permanent hospital, leaving one hundred still in the temporary quarters. It would be both wise and economical on the part of the State, if the family could be collected under one roof, thus simplifying the operations in the whole household.

Since the opening of the hospital, the number of admissions, including some re-admissions, has been (363) three hundred and sixty three men, and (311) three hundred and eleven women, (674) six hundred and seventy-four in all, or more than two for every week, and the number of discharges (234) two hundred and thirty-four men, and (193) one hundred and ninety-three women, (427) four hundred and twenty-seven in all, an average of nearly two each week. Of the whole number admitted, (115) one hundred and fifteen men, and (90) ninety women, (205) two hundred and five in all, have been discharged *recovered*; and (53) fifty-three men, and (53) fifty-three women, (106) one hundred

and six *improved*; (13) thirteen men and (11) eleven women without particular change; (53) fifty-three men and (29) thirty-nine women, (92) ninety two have died.

We see by the above facts, and these statistics, what has been accomplished in the short term of six years, and we trust that much greater progress will be made in an equal period of future time, now the foundations for usefulness have been securely laid. The growth of the State will demand it, and the prosperity of the people will meet the demand.

#### FARM.

The farm, as heretofore, has been under the immediate charge of Mr. William McFadden, and the report of the Steward shows a considerable increase in products over any previous year. This is due in part to a favorable season for most crops, and partly also to the better preparation of the soil. A comparison of the reports will show that the products of the farm have been largely increased since the first year, and that the profits, in cash, at a fair valuation of these products have paid for the stock, and a new and commodious barn and granary, and nearly the amount of all the salaries of the resident officers for the past year. As most of the land suitable for cultivation is now in use, much increase of income from this source cannot be expected in the future. A few hundred acres of land suitable for wheat-growing could be secured within a convenient distance, the institution could supply the inmates with bread, more uniform in quality, and at less cost than otherwise.

The male patients have assisted as usual in the labors of the farm, care of stock, grading of grounds and other work, to the benefit to themselves and the institution. The female patients have also assisted materially in making and repairing clothing and house work. When the physical condition of patients warrants their engaging in some kind of work, proper inducement is given them to exercise in this way; and when they can be interested in their work, satisfactory results generally follow.



Chapel services have been continued, as in previous years by the several clergymen of St. Peter and their choirs, for which we again tender our thanks.

We are also under obligations to the publishers of the following papers, gratuitously sent to the hospital:

St. Paul Daily Pioneer.  
St. Paul Daily Press.  
Minneapolis Tri-weekly.  
Northwestern Chronicle.  
Le Sueur Courier.  
Mantorville Express.  
Redwood Falls Mail.  
St. Peter Tribune.  
St. Peter Advertiser.  
Minnesota Volksblatt.  
Minnesota Staats Zeitung.  
Nordisk Folk Blad.  
Svenska Monitoren.

Donations from individuals as follows, are gratefully acknowledged:

From Francis Linz, of St. Paul. Twelve doz. cans fruit.  
From St. Peter Thespian Troupe. The proceeds of an evening's entertainment, \$32.50.  
From the employees of temporary hospital. An organ fund, \$12.00.  
From J. K. Barnes, M. D., Surgeon Gen. U. S. A. Two Surgical Reports.  
From editor of St. Peter Advertiser. Pamphlets and magazines.  
From James H. Snyder, of St. Peter. Pictorials.

As the number of patients will probably increase during the coming year, the appropriation for current expenses must be based on the number to be provided for. It is probable that the number will reach (300) three hundred

before the end of the year, and therefore an average of (275) two hundred and seventy-five may be taken for computation. This number, at the same rate of cost as last year's estimate, for board and clothing and the necessary repairs, will require \$71,500 for current expenses.

Again it gives me pleasure to express my obligations to the several officers, and others associated with me in duty her , for their hearty assistance in the labors of the household, and to you as a board of trustees, for your constant support, and efforts to promote the interests and welfare of this public charity.

May the same kind Providence that has hitherto protected, continue to aid and bless us in the future.

CYRUS K. BARTLETT.

Superintendent.

Dec. 1st., 1872.

## APPENDIX.

### TABLE I.

MOVEMENT OF THE POPULATION.

	Men.	Women.	Total.
Number at the beginning of the year.....	129	115	244
Admitted during the year.....	67	51	118
Total present in the year.....	196	166	362
Discharged, recovered.....	32	17	49
Discharged, improved.....	19	18	37
Discharged, unimproved.....	7	3	10
Died.....	9	10	19
Remaining at the end of the year.....	129	118	247

### TABLE II.

ADMISSIONS AND DISCHARGES FROM THE BEGINNING OF THE  
HOSPITAL.

	Men.	Women.	Total.
Admitted since opening.....	363	311	674
Discharged, recovered.....	115	90	205
Discharged, improved.....	53	53	106
Discharged, unimproved.....	11	9	20
Not proper subjects.....	2	2	4
Died.....	53	39	92
Remaining at end of year.....	129	118	247

TABLE III.

CIVIL CONDITION OF THOSE ADMITTED.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Single.....	35	10	45	229	95	324
Married.....	28	35	63	114	184	298
Widowed.....	3	6	9	10	30	40
Divorced.....	..	..	..	4	2	6
Unknown.....	1	..	1	6	..	6
Total.....	67	51	118	363	311	674

TABLE IV.

HOW COMMITTED.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Private Bond.....	1	4	5	14	20	34
By Courts.....	65	47	112	348	291	639
Legislative Act...	1	..	1	1	...	1
Total.....	67	51	118	363	311	674

TABLE V.

NUMBER AT EACH AGE WHEN ADMITTED DURING THE YEAR.

	AGE WHEN ADMITTED.			AGE WHEN ATTACKED.		
	Men.	Women.	Total.	Men.	Women.	Total.
Under 15.....	1	..	1	4	1	5
15 to 20.....	1	1	2	2	2	4
20 to 25.....	8	3	11	11	5	16
25 to 30.....	12	7	19	17	12	29
30 to 35.....	10	10	20	6	11	17
35 to 40.....	7	9	16	6	9	15
40 to 45.....	9	7	16	4	1	5
45 to 50.....	4	9	13	5	7	12
50 to 60.....	8	3	11	4	1	5
60 to 70.....	2	2	4	2	..	2
70 to 80.....	2	..	2	1	..	1
Unknown.....	3	..	3	5	2	7
Total.....	67	51	118	67	51	118



TABLE VI.

## OCCUPATION OF PATIENTS ADMITTED.

	DURING THE YEAR.	SINCE OPENING HOSPITAL.
Farmers.....	25	141
Laborers.....	15	106
Housekeepers.....	89	209
Domestics.....	8	51
Painters.....	1	4
Tailors.....	..	3
Carpenters.....	4	11
Seamstresses.....	1	4
Teachers.....	1	7
Clockmakers.....	1	2
Lumbermen.....	..	2
Butchers.....	..	1
Printers.....	..	2
Bakers.....	..	1
Cabinetmakers.....	..	1
School Children.....	1	3
Traders.....	..	1
Bookkeepers.....	..	1
Students.....	..	4
Mechanics.....	1	8
Brickmakers.....	..	1
Blacksmiths.....	2	4
Bank Clerks.....	..	2
Shoemakers.....	1	8
Merchants.....	4	8
Masons.....	1	3
Harnessmakers.....	..	1
Gardeners.....	1	2
Cooks.....	..	1
Weavers.....	..	1
Real Estate Agents.....	..	1
Confectioners.....	..	1
Prof. of Music.....	..	1
No Occupation.....	5	54
Unknown.....	3	20
Farmer's daughter.....	1	1
Teamsters.....	3	3
Total.....	118	674

TABLE VII.

NATIVITY OF PATIENTS ADMITTED.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
New York .....	4	6	10	38	37	75
Maine .....	2	2	4	12	8	20
Connecticut .....	1	..	1	4	1	5
Massachusetts .....	..	..	..	7	4	11
Pennsylvania .....	3	1	4	13	10	23
New Hampshire .....	..	..	..	2	1	3
Rhode Island .....	..	..	..	..	1	1
Virginia .....	..	..	..	4	5	9
New Jersey .....	..	..	..	2	3	5
Vermont .....	2	..	2	6	9	15
Illinois .....	..	2	2	5	10	15
Ohio .....	2	..	2	7	9	16
Iowa .....	..	..	..	..	1	1
Wisconsin .....	3	1	4	8	6	14
Indiana .....	..	1	1	5	9	14
North Carolina .....	..	..	..	3	..	3
Louisiana .....	..	..	..	1	..	1
Michigan .....	..	..	..	..	1	1
Kentucky .....	2	1	3	2	2	4
Minnesota .....	..	..	..	4	6	10
Ireland .....	11	10	21	43	48	91
Germany .....	10	3	13	49	39	88
France .....	..	..	..	..	1	1
Czechia .....	3	..	3	4	3	7
Russia .....	1	3	4	9	19	28
England .....	3	2	5	11	7	18
Canada .....	3	..	3	19	5	24
Nova Scotia .....	1	..	1	3	1	4
Norway .....	3	13	21	41	35	76
Sweden .....	4	1	5	26	15	41
Denmark .....	1	..	1	8	..	8
Switzerland .....	..	2	2	4	4	8
Scotland .....	1	..	1	4	1	5
Italy .....	..	..	..	1	1	2
Unknown .....	2	3	5	18	9	27
Total .....	67	51	118	363	311	674

TABLE VIII.

FORM OF DISEASE OF THOSE ADMITTED.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Acute Mania.....	30	20	50	120	82	202
Chronic Mania.....	14	18	32	68	65	133
Monomania.....	2	1	3	6	3	9
Puerpural Mania..	..	2	2	..	15	15
Paralytic Mania...	1	..	1	6	3	9
Epileptic Mania...	1	..	1	19	12	31
Periodical Mania..	7	1	8	27	3	30
Nymphomania....	..	1	1	..	4	4
Melancholia.....	8	8	16	57	64	121
Dementia.....	3	..	3	53	46	99
Senile Dementia..	1	..	1	3	8	11
Idiocy.....	..	..	..	2	4	6
Not prop'r subjects	..	..	..	2	2	4
Total.....	67	51	118	363	311	674

TABLE IX.

NUMBER OF ATTACK IN THOSE ADMITTED.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
First.....	35	35	70	206	206	412
Second.....	11	6	17	42	35	77
Third.....	3	3	6	12	5	17
Fourth.....	..	..	..	2	3	5
Fifth.....	1	..	1	1	..	1
Sixth.....	..	1	1	1	1	2
Unknown.....	17	6	23	97	59	156
Not prop'r subjects	..	..	..	2	2	4
Total.....	67	51	118	363	311	674

TABLE X.

## DURATION OF INSANITY BEFORE ADMISSION.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Less than 1 month.	16	10	26	74	47	121
1 to 3 months...	11	8	19	35	41	76
3 to 6 months...	5	6	11	89	32	71
6 to 9 months...	1	2	3	20	11	31
9 to 12 months...	3	2	5	9	9	18
12 to 18 months...	5	2	7	16	11	27
18 m'ths to 2 years	..	1	1	11	6	17
2 to 3 years.....	5	6	11	18	18	36
3 to 4 years.....	3	2	5	15	14	29
4 to 5 years.....	1	1	2	7	12	19
5 to 10 years.....	1	2	3	19	24	43
10 to 15 years.....	2	4	6	15	25	40
15 to 20 years.....	..	..	..	4	5	9
20 to 25 years.....	1	..	1	3	8	11
25 to 30 years.....	..	..	..	2	..	2
30 years and over.	1	..	1	2	4	6
Unknown .....	12	5	17	72	42	114
Not prop'r subjects	..	..	..	2	2	4
Total.....	67	51	118	363	311	674

TABLE XI.  
DEATHS AND THEIR CAUSES.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Marasmus .....	2	2	4	9	8	17
Phthisis Pulmonalis.	..	2	2	6	2	8
Maniacal Exhaustion	2	..	2	6	4	10
Paralysis .....	1	1	2	2	5	7
Epilepsy .....	..	2	2	7	4	11
Apoplexy .....	..	..	..	2	1	3
Erysipelas .....	..	..	..	1	1	2
Typhoid Fever .....	..	..	..	2	3	5
Typhomania .....	2	..	2	3	1	4
Typhoid Pneumonia.	..	..	..	..	1	1
Pneumonia .....	..	..	..	1	..	1
Diarrhoea .....	..	..	..	1	..	1
Old Age .....	..	2	2	1	5	6
Gangrene .....	..	..	..	..	1	1
Abscess of Brain ..	..	..	..	..	1	1
Assault by Patient ..	..	..	..	1	..	1
Death by Drowning ..	..	..	..	..	1	1
Cancer of Stomach ..	..	..	..	1	..	1
Varicella .....	..	..	..	4	..	4
Anasarca .....	1	..	1	2	..	2
Bright's Disease .....	..	1	1	..	1	1
General Paresis .....	1	..	1	4	..	4
Total .....	9	10	19	53	39	92

TABLE XII.  
AGES AT DEATH.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Under 15 years ...	..	..	..	1	..	1
15 to 20 .....	..	..	..	3	3	6
20 to 25 .....	..	..	..	9	6	15
25 to 30 .....	2	2	4	8	4	12
30 to 35 .....	..	..	..	5	2	7
35 to 40 .....	1	3	4	4	5	9
40 to 45 .....	1	..	1	5	3	8
45 to 50 .....	1	..	1	3	1	4
50 to 60 .....	2	3	5	8	8	16
60 to 70 .....	2	1	3	5	8	8
70 to 80 .....	..	1	1	..	3	3
80 to 90 .....	..	..	..	2	1	3
Total .....	9	10	19	53	39	92